

THE COACHING PROGRAM AT THE DOWNS LTC IS PROVIDED BY **MDL COACHING**

Players attending our coaching program should all be members of
THE DOWNS LTC

Please see Reply form for Term dates

DAY	TIME	COURSE	COST	CODE
MONDAY	3.30-4.30	MINI TENNIS RED (4-7)	£72 or £62 See reply form	D1
	4.30-5.30	MINI TENNIS ORANGE (6-9)	£62	D2
	5.30-6.30	YELLOW (11 – 16)	£62	D3
	6.30-7.30	SQUAD (Under 18)	£62	D4
WEDNESDAY	4-5	MINI TENNIS RED (4-7)	£72 or £62 See reply form	D5
	5-6	SQUAD (Under 16)	£62	D6
THURSDAY	4.30-6	ACADEMY SQUAD (Under 14)	£81	D7
	6-7.30	ACADEMY SQUAD (Under 18)	£81	D8
FRIDAY (NEW) Every Friday in the school term is JUNIOR NIGHT	5-6	(MINI) JUNIOR NIGHT (4-8)	£2 per session	
	6-7 STARTS 23 rd APRIL	JUNIOR NIGHT (9-14) ABOVE SESSION SUPERVISED BY THE CLUB COACH or ASSISTANT Players attending coaching on a Mon, Weds or Sat come for FREE!	£2 per session	
SATURDAY	9-10	MINI TENNIS RED (4-7)	£72 or £62 See reply form	D9
	10-11	MINI TENNIS ORANGE (6-9)	£62	D10
	11-12	YELLOW (11 – 16)	£62	D11
	12-1	SQUAD (Under 18)	£62	D12
	1-2	ADULTS	£62	D13
MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£125 (5 hours) or £27 per hour Jamie Franklin – 07748 630279	

For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.

Please note:

We will endeavor to run all coaching sessions and want all players to have attended 12 sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions or we will allow participants' to attend other sessions at their convenience. Ask your coach when you can make up any sessions missed. Players are encouraged to wear clothing suitable for the various weather conditions. In the winter months players are encouraged to wear gloves and hats. Mini Tennis sessions will take place indoors where possible in the winter months or when it is cold or wet Lessons fees include use of floodlights when needed ... Therefore, no hidden costs

BRIEF DESCRIPTION OF SESSIONS ON OFFER AT OUR CLUB

MINI TENNIS RED – This is for the youngest of our players and membership to the club is included in the coaching fee as we expect the players will only use the club facilities when attending their coaching session therefore, you are not expected to join for the whole year.

MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs) – Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

JUNIOR GROUPS (9yrs – 18yrs) – For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

SQUAD (U18) – These sessions are by invitation only and are aimed at juniors competing in tournaments and teams. To be considered please contact Jamie Franklin on 07748 630279.

ACADEMY - This group will consist of 6-10 players and is by invitation only by the club coach. Players will be given information about what tournaments they should be entering. These sessions take place at Cheam LTC.

THE DOWNS LTC - COACHING 2010/2011 REPLY FORM

Places will be limited so please return this form as soon as possible to avoid disappointment

PLEASE COMPLETE WHOLE FORM AND SEND TO ADDRESS BELOW OR HAND TO YOUR COACH

Family Surname:	Telephone No:
Address:	Emergency No:
Post code:	E-mail:
	Medical conditions:

PLEASE TICK TERM YOU WISH TO APPLY FOR

		Tick
SUMMER TERM 2010	Starts Monday 19th April 2010 – Half Term (Mon 31st May to Fri 5th June)	
AUTUMN TERM 2010	Starts Monday 6th September – Half Term (Mon 25th Oct to Fri 29th Oct)	
SPRING TERM 2011	Starts Monday 6th December – Half Term (Mon 21st Feb to Fri 25th Feb)	

PLEASE SELECT THE PAYMENT THAT SUITS YOU AND CIRCLE BELOW UNDER PAYMENT

PAYMENTS / DISCOUNTS			COACHING FEES <small>Payable to MDL COACHING</small>		MEMBERSHIP <small>Payable to The Downs LTC</small>
			Normal	Discount	
1	MINI TENNIS (RED) (Playing once a week) Mon 3.30-4.30, Weds 4-5 or Sat 9-10: <small>Membership included on a termly basis or Players wishing to join for the whole year can pay £20 – See club membership form</small>	1 hour sessions	£72 <small>Membership included in coaching fee</small>	£62 <small>If joining club for year</small>	MINI TENNIS RED ONLY <small>If you only use the club when you attend coaching you may pay on a termly basis</small>
2	PAY FOR 1 TERM (Playing once a week)	1 hour sessions 1.5 hour sessions	£62 £81	- -	MEMBERSHIP Pay for 1 term £15 Pay for 2 term's £30 Pay for 3 term's £40 <small>If parent a member see membership form for discounts</small>
3	PAY FOR 2 TERMS (Playing once a week)	1 hour sessions 1.5 hour sessions	£124 £162	£114 £152	
4	PAY FOR 3 TERMS (Playing once a week)	1 hour sessions 1.5 hour sessions	£186 £243	£165 £220	
5	SIBLING DISCOUNT <small>APPLICABLE IF BOOKING FOR 1 TERM ONLY</small>		Please deduct £4 for 2 nd / 3 rd / 4 th child		

DAYS & TIMES YOU WISH TO BOOK YOUR SESSION / SESSIONS

APPLICANTS	DOB <small>Under 18 only</small>	CODE	DAY <small>Please circle</small>	TIME	PAYMENT <small>Please circle</small>	TOTAL
1	/	/	M T W T F S /	/	1 2 3 4 5	£.....
2	/	/	M T W T F S /	/	1 2 3 4 5	£.....

COACHING: I enclose a cheque / cash for £..... made payable to **MDL COACHING**

OR I have made a BACS payment to the MDL COACHING ACCOUNT:

Sort code: 40-37-29

Account Number: 11386964 DATE:/...../..... REFERENCE:

TOTAL £.....

Office use only:

Date received:

MEMBERSHIP: I enclose a cheque / cash for £..... made payable to **THE DOWNS LTC**

OR I have sent my membership renewal form direct to the tennis club membership secretary (Tick here

Return address below:

**MDL COACHING, Purley Bury Tennis Club,
53B Purley Bury Avenue, Purley, Surrey, CR8 1JF.
TEL 020 8668 5250 (Office) Mark Love 07761 602014**

We accept cheques or cash

If you are not sure which group is most suitable please contact us on **020 8668 5250** or email

mdlcoaching@aol.com.

Players attending coaching must be members of the club. If you need a membership form please ask your coach or see club notice board.