

THE COACHING PROGRAM AT CHEAM LTC IS PROVIDED BY MDL COACHING

Players attending our coaching program should all be members of
CHEAM LTC

Please see Reply form for Term dates

www.mdlcoaching.net
020 8668 5250

DAY	TIME	COURSE	COST	CODE
MONDAY	3.30-4.30	MINI TENNIS (Red)	£59	CH1
	4.30-5.30	MINI TENNIS (Orange)	£59	CH2
	5.30-7	ACADEMY SQUAD (UNDER 18) 10 WEEKS	£65	CH3
TUESDAY	3.30-4.30	MINI TENNIS (Red/Orange)	£59	CH4
	4.30-5.30	JCP (9 – 13)	£59	CH5
	5.30-6.30	SQUAD (Under 16)	£59	CH6
	6.30-9.30	ADULTS	Ask Amit	-
THURSDAY	3.30-4.30	MINI TENNIS (Red)	£59	CH7
	4.30-5.30	JCP (9 – 13)	£59	CH8
	5.30-7	ACADEMY SQUAD (Under 18) 10 WEEKS	£65	CH9
SATURDAY	9-10	MINI TENNIS (Orange)	£59	CH10
	10-11	JCP (9 – 13)	£59	CH11
	11-12	SQUAD (Under 18)	£59	CH12
	10-1	JUNIOR CLUB SESSION	FREE	-

Please note:

We will endeavour to run all coaching sessions and want all players to have attended 12 sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions or are flexible to children attending other days to make these sessions up. Lessons include use of floodlights when needed ... Therefore, no hidden costs

Mini Tennis sessions will take place in the squash courts if necessary so these lessons will not be cancelled

MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£114 (5 hours) or £25 per hour Amit Mohindra – 07947 408901
--------------------	---	---------------------	--

For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.

*All coaching courses will run for 12 weeks **excluding half-term** – See Reply form for details*

JUNIOR CLUB SESSION – This is a supervised club session for juniors and will be taken by one of our tennis members. Matches and Fun tennis Team games will be organised. Please ask Amit or see notice board for details.

MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs) – Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

JCP (9yrs – 18yrs) – For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

SQUAD (U18) – These sessions are by invitation only and are aimed at juniors competing in tournaments and teams. To be considered please contact Amit Mohindra on 07947 408901

CHEAM LTC – JUNIOR COACHING 2008/2009

REPLY FORM – Places will be limited so please return as soon as possible to avoid disappointment

Family Surname:		Telephone No:	
Address:		Emergency No:	
Post code:		E-mail:	
APPLICANTS		Date of Birth (if U18)	MEMBER or NON MEMBER Please delete
1			MEMBER / NON MEMBER
2			MEMBER / NON MEMBER

Please tick which term you are signing up for?

SUMMER TERM 2008	Courses start Monday 21 st April 2008 (Half Term – Monday 26 th May to Friday 30 th May)
AUTUMN TERM 2008	Courses start Monday 8 th September 2008 (Half Term - Monday 27 th October to Friday 31 st October)
SPRING TERM 2009	Courses start Monday 5 th January 2009 (Half Term – Monday 16 th February to Friday 20 th February)

AVAILABILITY:

Please enter the time of the lesson applying for below and turn up at this time unless otherwise contacted.

New participants' will be contacted before the start of the course.

Refunds will only be given if a course is cancelled.

Discounts available for players signing up for 2 or 3 terms and/or individual lessons – SEE BELOW

SESSION	AVAILABILITY									PAYMENT
	Mo	Tu	We	Th	Fri	Sat am	Sat pm	Sun am	Sun pm	
JUNIOR CLUB SESSION							10-1			PLEASE COMPLETE
Mini Tennis: Red (4-6)										FREE
Mini Tennis: Orange/Green (7-9)										£59 x
Junior coaching Group										£59 x
Junior Squad Group	5.30-7 £65			5.30-7 £65				£59 (12 weeks)		
Individual Coaching										

Session available	No session available
-------------------	----------------------

Return address below:

**MDL COACHING, Purley Bury Tennis Club,
53B Purley Bury Avenue, Purley, Surrey, CR8 1JF.
TEL 020 8668 5250 (Office) Mark Love 07761 602014**

We accept cheques or cash

In some cases we allow participants to pay weekly if the full amount is a problem to pay in one go!

If more than £200 for 1 term or booking a group lesson and individual for 1 person take 10% discount	
PAY FOR 3 TERMS (save £24) You will get 5 weeks FREE if you pay for your lessons in one go! (Summer, Autumn and Spring term)	£153 x
PAY FOR 2 TERMS (save £10) You will get 2 weeks FREE if you pay for 2 terms (Summer/Autumn or Autumn/Spring)	£108 x
TOTAL AMOUNT Please make cheques payable to MDL COACHING	