



www.mdlcoaching.net  
020 8668 5250

# JUNIOR COACHING AT RIDDLEDOWN LTC IS PROVIDED BY MDL COACHING

Players attending our coaching program should all be members of  
**Riddlesdown LTC**

5yrs-11yrs £25, 12yrs+ £50 (Yearly Subscriptions) Family membership available on request

**SUMMER TERM – APRIL to SEPTEMBER 2008** (Half Term – Monday 26<sup>th</sup> May to Friday 30<sup>th</sup> May)

DAY	TIME	COURSE	COST	CODE
MONDAY to FRIDAY	Anytime	INDIVIDUAL COACHING & PRIVATE GROUPS	Please call Bob Donovan 07931 592460	
SATURDAY	9.30 - 10	MINI TENNIS (4yrs-7yrs)	£35	R1
	10-10.50	JUNIOR DEVELOPMENT	£49	R2
	11-12	JUNIOR ADVANCED (Under 18)	£65	R3
<b>Please note:</b> <i>We will endeavour to run all coaching sessions and want all players to have attended all available sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions.</i>				
MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£114 (5 hours) or £25 per hour Bob Donovan – 07931 592460	
For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.				

*All coaching courses are to be block booked to get the above rates*

**In the event of wet weather please contact coach to see if lesson is on ... 1 hour before lesson**

## **BOOKING**

**Please come along on a Saturday morning and try out one of our coaching sessions and if you wish to continue please sign up with our Junior Secretary or Club Secretary who will be available every Saturday morning.**

**MINI TENNIS** is for players who have never played before and is aimed at 4yrs to 7yrs and the main emphasis is on FUN and learning the basics of the game. Children will be taught with mini tennis balls and will be given the correct size racket to use.

**JUNIOR DEVELOPMENT (8yrs – 12yrs)** This group is for slightly older players who have little experience in playing tennis but who are keen to learn. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

**JUNIOR ADVANCED (U18)** – These sessions are by invitation only and are aimed at juniors who have played tennis and are able to serve and rally from the baseline. Players in this group may be asked to represent the club in local leagues and will be updated on tournaments in the local area.

To be considered please contact Maureen Clarke 020 8660 4024 or John Pewtress 020 8668 4352.

**HOLIDAY COURSES** – Available most School holidays. Every afternoon between 1.30pm – 4.30pm for children aged 6yrs and above of all standards of play. Please see separate leaflet or ask coach for details.

