



THE COACHING PROGRAM AT THE DOWNS LTC IS PROVIDED BY MDL COACHING

Players attending our coaching program should all be members of
THE DOWNS LTC

Please see Reply form for Term dates

www.mdlcoaching.net
020 8668 5250

DAY	TIME	COURSE	COST	CODE
MONDAY	3.30-4.30	MINI TENNIS (Red 4-7)	£59	D1
	4.30-5.30	MINI TENNIS (Orange 7-9)	£59	D2
	5.30-6.30	JCP (11 – 16)	£59	D3
	6.30-7.30	MDL SQUAD (Under 18)	£59	D4
WEDNESDAY	5-6	MDL SQUAD (Under 14)	£59	D5
MONDAY to FRIDAY	Anytime	INDIVIDUAL COACHING & PRIVATE GROUPS	Please call Jamie Franklin 07748 630279	
SATURDAY	9-10	MINI TENNIS (Orange 6-8)	£59	D6
	10-11	JCP (9 – 13)	£59	D7
	11-12.30	MDL SQUAD (Under 18)	£78	D8
Please note: We will endeavour to run all coaching sessions and want all players to have attended 12 sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions or are flexible to children attending other days to make these sessions up.				
MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£114 (5 hours) or £25 per hour Jamie Franklin – 07748 630279	
For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.				

All coaching courses will run for 12 weeks **excluding half-term** – See Reply form for details

In the event of wet weather please contact coach to see if lesson is on ... 1 hour before lesson

MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs) – Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

JCP (9yrs – 18yrs) – For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

SQUAD (U18) – These sessions are by invitation only and are aimed at juniors competing in tournaments and teams. To be considered please contact Jamie Franklin on 07748 630279.

HOLIDAY COURSES – These Fun sessions take place every school holiday in the afternoons between 9.30am – 12.30pm and accommodate all juniors on the coaching program and their friends. Sessions include Mini Tennis & Fun and Fun Tennis and Team Games. Please ask coach for details of Match Play and Team Tennis sessions.

HIRE THE BALL MACHINE – This is a great way to practice your ground strokes and is a good workout. For more details or to hire the ball machine please call Jamie for prices and days and times it is available. Information is up on the notice board.

VIDEO ANALYSIS - This is a great way to improve technique. Have a 45 minute lesson with Jamie and have all your shots videoed. Then watch the tape back with Jamie and see where you could improve your technique. The video will be recorded onto DVD for you to keep. Please see notice board or call Jamie for prices and to book a lesson.

THE DOWNS LTC – JUNIOR COACHING 2008 / 2009

REPLY FORM – Places will be limited so please return as soon as possible to avoid disappointment

Family Surname:		Telephone No:	
Address:		Emergency No:	
Post code:		E-mail:	
APPLICANTS		Medical conditions:	
		Date of Birth (if U18)	MEMBER or NON MEMBER Please delete
1			MEMBER / NON MEMBER
2			MEMBER / NON MEMBER

Please tick which term you are signing up for?

SUMMER TERM 2008	Courses start Monday 21 st April 2008 (Half Term – Monday 26 th May to Friday 30 th May)
AUTUMN TERM 2008	Courses start Monday 8 th September 2008 (Half Term - Monday 27 th October to Friday 31 st October)
SPRING TERM 2009	Courses start Monday 5 th January 2009 (Half Term – Monday 16 th February to Friday 20 th February)

AVAILABILITY:

Please enter the time of the lesson applying for below and turn up at this time unless otherwise contacted.

New participants' will be contacted before the start of the course.

Refunds will only be given if a course is cancelled.

Discounts available for players signing up for 2 or 3 terms and/or individual lessons – SEE BELOW

SESSION	AVAILABILITY										PAYMENT
	Mo	Tu	We	Th	Fr	Sat am	Sat pm	Sun am	Sun pm	PLEASE COMPLETE	
Mini Tennis: Red (4-6)											£59 x
Mini Tennis: Orange/Green (7-9)											£59 x
Junior coaching Group											£59 x
Junior Squad Group											£78 x
Individual Coaching											

Session available



No session available



Return address below:

**MDL COACHING, Purley Bury Tennis Club,
53B Purley Bury Avenue, Purley, Surrey, CR8 1JF.
TEL 020 8668 5250 (Office) Mark Love 07761 602014**

We accept cheques or cash

In some cases we allow participants to pay weekly if the full amount is a problem to pay in one go!

If more than £200 for 1 term or booking a group lesson and individual for 1 person take **10% discount**

PAY FOR 3 TERMS (save £24)

You will get 5 weeks FREE if you pay for your lessons in one go!
(Summer, Autumn and Spring term)

MINI/JCP - £153 x
Squad - £201.50 x
(Save £32.50)

PAY FOR 2 TERMS (save £10)

You will get 2 weeks FREE if you pay for 2 terms (Summer/Autumn or Autumn/Spring)

MINI/JCP - £108 x
Squad - £143.50 x
(Save £13.00)

TOTAL AMOUNT

Please make cheques payable to
MDL COACHING

Players may attend 2 coaching sessions per week with a discount of £20 for the 2nd session.
(This does not include the Academy Squad)

Players involved in coaching must all be members of THE DOWNS LTC

I am a Member THE DOWNS LTC
I have already paid my subs

or Cheque enclosed for subscription
or send me a membership form

Subscriptions (January 2007 – April 2007):

Mini Tennis:(Under 9) £5

Junior:(Under 16) £15

(Please note this is a one off yearly payment and does not have to be paid every term)

I enclose a cheque/cash for £..... made payable to THE DOWNS LTC