



THE COACHING PROGRAMME AT SANDERSTEAD VILLAGE LTC IS PROVIDED BY **MDL COACHING**



Players attending our coaching programme should all be members of
SANDERSTEAD VILLAGE LTC
Please see Reply form for Term dates

Dear Player,

Welcome to the new season of 2009. Firstly, I would like to introduce myself. My name is John Thistlethwaite and I am an LTA qualified tennis coach and have been working with MDL COACHING since 2002 when they started and have been coaching tennis for 12 years. I am looking forward to coaching here at the club and look forward to meeting you all in due course. Please see our coaching letter below which outlines the start of our exciting plans for the club. If you have any enquires please do not hesitate to contact us on 020 8668 5250.

SESSIONS BELOW ARE FOR 12 WEEKS – Please see reply form for Dates and Discounts

DAY	TIME	COURSE	COST	CODE
MONDAY	5.30-6.30	MINI TENNIS (6-10)	£62	SV1
	6.30-7.30	JUNIOR COACHING (UNDER 14)	£62	SV2
	7.30-8.30	JUNIOR COACHING (UNDER 18)	£62	SV3
THURSDAY	7.30pm onwards	ADULT TEAM TRAINING	Ask Coach or see notice board	SV4
FRIDAY	11.30-1	ADULT COACHING	£81	SV5
Please note:				
<i>. We will endeavor to run all coaching sessions and want all players to have attended 12 sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions or we will allow participants' to attend other sessions at their convenience. Ask your coach when you can make up any sessions missed. Players are encouraged to wear clothing suitable for the various weather conditions. In the winter months players are encouraged to wear gloves and hats. Mini Tennis sessions will take place indoors where possible in the winter months or when it is cold or wet Lessons include use of floodlights when needed ... Therefore, no hidden costs</i>				
MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£120 (5 hours) or £25 per hour Andy Ross – 07734 710702	
MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£120 (5 hours) or £25 per hour John Thistlethwaite – 07813 898701	
For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.				

BRIEF DESCRIPTION OF SESSIONS ON OFFER AT OUR CLUB

MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs) – Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

JUNIOR GROUPS (9yrs – 18yrs) – For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

HOLIDAY COURSES – These Fun sessions take place every school holiday in the afternoons between 1.30pm – 4.30pm and accommodate all juniors on the coaching program and their friends. Sessions include **Mini Tennis & Fun** and **Fun Tennis and Team Games**. Please ask coach for details of **Tournament and Team Tennis sessions**.

SANDERSTEAD VILLAGE LTC - COACHING 2009/2010 REPLY FORM

Places will be limited so please return this form as soon as possible to avoid disappointment

PLEASE COMPLETE WHOLE FORM AND SEND TO ADDRESS BELOW OR HAND TO YOUR COACH

Family Surname:	Telephone No:
Address:	Emergency No:
Post code:	E-mail:
	Medical conditions:

PLEASE TICK TERM YOU WISH TO APPLY FOR

		Tick
SUMMER TERM 2009	Courses start Monday 20 th April 2009 (Half Term – Monday 25 th May to Friday 29 th May)	
AUTUMN TERM 2009	Courses start Monday 7 th September 2009 (Half Term - Monday 26 th October to Friday 30 th October)	
SPRING TERM 2010	Courses start Monday 4 th January 2010 (Half Term – Monday 15 th February to Friday 19 th February)	

PLEASE SELECT THE PAYMENT THAT SUITS YOU THE MOST AND CIRCLE BELOW UNDER PAYMENT

PAYMENTS / DISCOUNTS		NORMAL	DISCOUNTED
1	PAY FOR 1 TERM (Playing once a week) 1 hour sessions 1.5 hour sessions	£62 £81	- -
2	SIBLING DISCOUNT - APPLICABLE IF BOOKING FOR 1 TERM ONLY	Please deduct £4 for 2 nd / 3 rd / 4 th child	
3	PAY FOR 2 TERMS (Playing once a week) 1 hour sessions 1.5 hour sessions	£124 £162	£114 £152
4	PAY FOR 3 TERMS (Playing once a week) 1 hour sessions 1.5 hour sessions	£186 £243	£165 £220

DAYS & TIMES YOU WISH TO BOOK YOUR SESSION / SESSIONS

(Academy players please show both days that you attend coaching)

APPLICANTS	DOB	CODE	DAY	TIME	PAYMENT	TOTAL
	<small>Under 18 only</small>			<small>Please circle</small>		<small>Please circle</small>
1	/	/	/ M T W T F S /	/ 1 2 3 4	£.....
2	/	/	/ M T W T F S /	/ 1 2 3 4	£.....
3	/	/	/ M T W T F S /	/ 1 2 3 4	£.....
4	/	/	/ M T W T F S /	/ 1 2 3 4	£.....

TOTAL £.....

I enclose a cheque / cash for £..... made payable to **MDL COACHING**.

**New participants' will be contacted before the start of the course.
Refunds will only be given if a course is cancelled.**

Office use only: Date received:

Return address below:
MDL COACHING, Purley Bury Tennis Club,
53B Purley Bury Avenue, Purley, Surrey, CR8
1JF.
TEL 020 8668 5250 (Office)
Mark Love 07761 602014
John Thistlethwaite – 07813 898701

If you are not sure which group is most suitable please contact us on **020 8668 5250** or email mdlcoaching@aol.com.

Players attending coaching must be members of the club. If you need a membership form please ask your coach or see club notice board.

We accept cheques or cash
In some cases we allow participants to pay weekly if the full amount is a problem to pay in one go!