



# THE COACHING PROGRAMME AT SANDERSTEAD VILLAGE LTC IS PROVIDED BY **MDL COACHING**



Players attending our coaching programme should all be members of  
**SANDERSTEAD VILLAGE LTC**  
Please see Reply form for Term dates

## SESSIONS BELOW ARE FOR 12 WEEKS – Please see reply form for Dates and Discounts

DAY	TIME	COURSE	COST	CODE
<b>MONDAY</b>	6-7	JUNIOR COACHING (UNDER 14)	£64	SV1
	7-8	JUNIOR COACHING (UNDER 18)	£64	SV2
<b>TUESDAY</b>	6.30-7.30	ADULT COACHING (Beginners/Improvers)	£64	SV3
	7.30-8.30	ADULT COACHING (Club Players)	£64	SV4
<b>SATURDAY</b>	9.30-10.30	MINI TENNIS RED (4-8)	£64	SV5
	10.30-11.30	JUNIOR COACHING (9 – 13)	£64	SV6
	11.30-12.30	JUNIOR COACHING (UNDER 18)	£64	SV7

**Please note:** We will endeavor to run all coaching sessions and want all players to have attended 12 sessions. If lessons have to be cancelled due to the weather we will do our best to make them up in the form of double sessions or we will allow participants' to attend other sessions at their convenience. Ask your coach when you can make up any sessions missed. Players are encouraged to wear clothing suitable for the various weather conditions. In the winter months players are encouraged to wear gloves and hats.

Mini Tennis sessions will take place indoors where possible in the winter months or when it is cold or wet

When floodlights are used there will be a charge of 0.50p payable for 1 hour sessions and £1 payable for 1.5 hour sessions..

MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£100 (5 hours) or £22 per hour Chris Watson – 07951 734167
MONDAY to SATURDAY	=	INDIVIDUAL COACHING	£125 (5 hours) or £27 per hour John Thistlethwaite – 07813 898701

For Individual coaching please contact coach directly to arrange a time. Individual lessons may be 30 mins, 45 mins or 1 hour to suit the individual. Please pay in advance to guarantee place as these lessons get booked quickly.

## ADULT GROUP COACHING FOR 2, 3 OR 4 PLAYERS

GROUP SIZE	COST PER PERSON PER 1 HOUR LESSON	BLOCK BOOK FOR 6 x 1 HOUR LESSONS
2	£15	£75 (£12.50 per session)
3	£10	£50 (£8.30 per session)
4	£7.50	£39 (£6.50 per session)

Please note the above sessions can be taken at a time that suits you as a group between  
9am and 3pm Monday to Friday – **020 8668 5250**

### BRIEF DESCRIPTION OF SESSIONS ON OFFER AT OUR CLUB

**MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs)** – Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

**JUNIOR GROUPS (9yrs – 18yrs)** – For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through a fun coaching programme.

**HOLIDAY COURSES** – These Fun sessions take place every school holiday in the afternoons between 1.30pm – 4.30pm and accommodate all juniors on the coaching program and their friends. Sessions include **Mini Tennis & Fun** and **Fun Tennis and Team Games**. Please ask coach for details of **Tournament and Team Tennis sessions**.

# SANDERSTEAD VILLAGE LTC - COACHING 2011/2012 REPLY FORM

PLEASE COMPLETE WHOLE FORM AND SEND TO ADDRESS BELOW OR HAND TO YOUR COACH

Family Surname:	Telephone No:
Address:	Emergency No:
	E-mail:
Post code:	Medical conditions:
Please sign me up to British Tennis (FREE) <input type="checkbox"/> (Please Tick)	

		Tick
<b>SUMMER TERM 2011</b>	Starts Tuesday 26 <sup>th</sup> April 2011 – Half Term (Mon 30 <sup>th</sup> May to Fri 3 <sup>rd</sup> June)	
<b>AUTUMN TERM 2011</b>	Starts Monday 5 <sup>th</sup> September – Half Term (Mon 24 <sup>th</sup> Oct to Fri 28 <sup>th</sup> Oct)	
<b>SPRING TERM 2012</b>	Starts Saturday 7 <sup>th</sup> January – Half Term (Mon 13 <sup>th</sup> Feb to Fri 17 <sup>th</sup> Feb)	

Players may attend 2 sessions per week and may attend 2<sup>nd</sup> session ½ price (e.g 2 sessions = £96)

PLEASE SELECT THE PAYMENT THAT SUITS YOU THE MOST AND CIRCLE BELOW UNDER PAYMENT

PAYMENTS / DISCOUNTS			COACHING FEES		MEMBERSHIP Payable to SV LTC ONLY PAY ONCE IN A YEAR
			Payable to MDL COACHING		
			Prompt*	Late*	
1	* PAY FOR 1 TERM (Playing once a week) (Playing twice a week)	1 hour sessions 1 hour sessions	£64 £96	£69 £104	<b>MEMBERSHIP</b> From May 2011 Mini (U9) Junior £20 £40 From September 2011 £15 £30 From January 2012 £10 £20
2	PAY FOR 2 TERMS (Playing once a week)	1 hour sessions	£118	£126.50	
3	PAY FOR 3 TERMS (Playing once a week)	1 hour sessions	£170	£184	
4	SIBLING DISCOUNT		Please deduct £5 for 2 <sup>nd</sup> / 3 <sup>rd</sup> / 4 <sup>th</sup> child		

## DAYS & TIMES YOU WISH TO BOOK YOUR SESSION / SESSIONS

APPLICANTS	DOB <small>Under 18 only</small>	CODE	DAY <small>Please circle</small>	TIME	PAYMENT <small>Please circle</small>	TOTAL
1 .....	/ .....	/ .....	M T W T F S / .....	/ .....	1 2 3 4	£.....
2 .....	/ .....	/ .....	M T W T F S / .....	/ .....	1 2 3 4	£.....

**COACHING:** I enclose a cheque / cash for £..... made payable to **MDL COACHING**

**OR I have made a BACS payment to the MDL COACHING ACCOUNT:**

Sort code: 40-37-29

Account Number: 11386964 DATE: ...../...../..... REFERENCE:.....

**TOTAL £.....**

Office use only:  
Date received:

\***Prompt:** Payment made before or at first session attended.

\***Late:** Payment made after first session attended.

**Pro Rata:** Players may join a session part way through the term and will pay on a pro rata basis

**MEMBERSHIP:** I enclose a cheque / cash for £.....made payable to **Sanderstead Village LTC**

OR I have sent my membership renewal form direct to the tennis club membership secretary (Tick here .....)

### Return address below:

**MDL COACHING, Purley Bury Tennis Club,  
53B Purley Bury Avenue, Purley, Surrey, CR8 1JF.  
TEL 020 8668 5250 (Office) Mark Love 07761 602014**

We accept cheques or cash or BACS Payment  
In some cases we allow participants to pay weekly if the full amount is a problem to pay in one go!

If you are not sure which group is most suitable please contact us on **020 8668 5250** or email [mdlcoaching@aol.com](mailto:mdlcoaching@aol.com).

Players attending coaching must be members of the club. If you need a membership form please ask your coach or see club notice board.