

EASTER HOLIDAY & TENNIS COACHING COURSES

EASTER HOLIDAY COURSES

WEEK 1 TUE 6th – FRI 9th APRIL

CODE	COURSE	TIME
E1	MINI TENNIS	1.30-4.30PM
E2	FUN TENNIS	1.30-4.30PM

WEEK 2 MON 12th – FRI 16th APRIL

E3	MINI TENNIS	1.30-4.30PM
E4	FUN TENNIS	1.30-4.30PM

TOURNAMENT TENNIS

WEEK 1 THUR 8th APRIL

E5	TOURNAMENT TENNIS	9.30-12.30PM
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WEEK 2 THUR 15th APRIL

E6	TOURNAMENT TENNIS	9.30-12.30PM
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MINI TENNIS (4yrs - 7yrs)

This course will consist of lots of **FUN**, ball skills, coordination exercises, racket skills, tennis related team games and coaching.

FUN TENNIS (8yrs - 14yrs)

To suit children of all standards of play who wish to participate in tennis related team games and other **FUN** drills.

TOURNAMENT TENNIS (8yrs – 16yrs)

For children able to serve and rally from the baseline. This course will mainly consist of match play to include singles, doubles and team games.

PRICES

MEMBERS	WK 1	4 DAYS £35	OR	£10 A DAY
	WK 2	5 DAYS £45	OR	£10 A DAY
NON-MEMBERS	WK1	4 DAYS £40	OR	£11 A DAY
	WK2	5 DAYS £50	OR	£11 A DAY

BOOKING: To secure a place we must receive your booking form a minimum of 4 days, prior to the start date of the course you wish to attend, together with your cheque made payable to **MDL COACHING**. Please send it to: **MDL COACHING/CHRIS DENT, 53B PURLEY BURY AVENUE, PURLEY, SURREY, CR8 1JF**

TEL NO: 0208 668 5250

E MAIL: www.mdlcoaching.co.uk

No confirmation will be given so please just turn up at the time stated unless otherwise notified.

2010 EASTER HOLIDAY BOOKING FORM

NEW MALDEN

NAME:.....D.O.B:.....

ADDRESS:.....

.....POSTCODE.....

TEL NO:.....MOBILE NO:.....

MEDICAL CONDITIONS:.....

E MAIL:.....

COURSE CODE: Please circle the day/days you wish to attend if not signing up for the whole course: **M / T / W / T / F**

I enclose a cheque formade payable to **MDLCOACHING**

THE COACHING PROGRAMME AT NEW MALDEN TENNIS CLUB

DAY	TIME	COURSE	COST	CODE
TUES	4.30-5.30	MINI TENNIS GREEN (8-10) SQUAD (Under 16)	£59	NM1
	5.30-7		£78	NM2
WED	4-5	MINI TENNIS RED/ORANGE (4-7)	£59	NM3
	5-6	MINI TENNIS GREEN (8-10)	£59	NM4
	6-7	JUNIOR COACHING (10-14)	£59	NM5
	7-8	ADULT COACHING	£59	NM6
THU	5-6	JUNIOR COACHING (9-13) SQUAD (Under 18) ADULT COACHING	£59	NM7
	6-7		£59	NM8
	7-8		£59	NM9
SAT	9.30-10.30	MINI TENNIS (5-8)	£59	NM10
	10.30-11.30	JUNIOR COACHING (9-12)	£59	NM11
	11.30-12.30	JUNIOR DEVELOPMENT	£59	NM12
	12.30-1.30	JUNIOR SQUAD	£59	NM13

JUNIOR SATURDAY COACHING SESSION

This is a supervised club session for juniors and will be taken by one of our qualified tennis. Each week will be varied and all aspects of tennis will be covered throughout the year. Matches and Fun tennis Team games will be organised.

MINI TENNIS (Red/Orange/Green) (4yrs – 10yrs)

Split into 3 levels. Starting at Red level which is played on a badminton sized court. Once players have the basic skills they will move to Orange level which is played on a shortened tennis court with a transitional tennis ball. Strokes and coordination will be developed at this level. Once a player is ready they will move on to the next level either Green or JCP depending on age.

JUNIOR COACHING GROUPS (9yrs – 18yrs)

For children who are able/want to play on a full sized court. Technique, tactics, coordination and mental skills will be developed through this fun coaching programme.

SQUAD (U16)

These sessions are by invitation only and are aimed at juniors competing in tournaments and teams. To be considered please contact us on 020 8668 5250.

BOOKING

Places will be limited so please return this form as soon as possible to avoid disappointment. To secure a place we must receive your booking form together with your cheque made payable to **MDL COACHING**

Please send it to: **MDL COACHING/CHRIS DENT, 53B PURLEY BURY AVENUE, PURLEY, SURREY, CR8 1JF**

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2010 SUMMER TERM BOOKING FORM

NEW MALDEN

NAME:.....D.O.B:.....

ADDRESS:.....

.....POSTCODE.....

TEL NO:.....MOBILE NO:.....

MEDICAL CONDITIONS:.....

E MAIL:.....

CODE:

I enclose a cheque formade payable to **MDLCOACHING**

