



## SUMMER COURSES

Monday 20th July - Friday 28th August

MINI TENNIS • FUN TENNIS & TEAM GAMES • TOURNAMENT & TEAM TENNIS

**COMPREHENSIVE TERM-TIME COACHING PROGRAMME AT ALL CLUBS**



**FAMILY MEMBERSHIP AVAILABLE**  
**SEE WEBSITE FOR MORE DETAILS**

**ACCREDITED CLUBS**  
**GREAT COACHES**  
**MEMBER DISCOUNTS**



CLUB VISIT BY THE GREAT BRITISH LEGEND - GREG RUSEDKI - IN APRIL 2009

## MDL COACHING VENUES

### TENNIS VENUES CROYDON/PURLEY/WARLINGHAM

#### Purley Bury LTC

Purley Bury Avenue, Purley  
Surrey CR8 1JF

#### Sanderstead LTC

Penwortham Road  
Sanderstead, Surrey CR2 0QS

#### South Croydon Sports Club

Beech Copse, off Birdhurst Rise  
South Croydon, Surrey CR2 7ES

WEDNESDAYS  
ONLY

#### Riddlesdown LTC

Lower Barn Road,  
Purley, Surrey CR8 1HQ

U10'S ONLY

#### Sanderstead Village LTC

26a Sanderstead Road, Sanderstead  
Surrey CR2 8AQ  
**CLOSED FOR REFURBISHMENT SUMMER 2009**

#### Croydon Sports Club

Croydon High School  
Old Farleigh Road, Selsdon CR2 8YB

### TENNIS VENUES CHEAM

#### Cheam LTC

Peaches Close, Cheam, Surrey SM2 7BJ

#### Cheam Fields LTC

Devon Road, Cheam, Surrey SM2 7PD

#### The Downs LTC

Holland Avenue, Cheam, Surrey SM2 6HU

### TENNIS VENUE NEW MALDEN

#### New Malden Tennis, Squash & Badminton Club

Somerset Close,  
New Malden, Surrey KT3 5RG  
In partnership with **Chris Dent**

## 2009 SUMMER COURSES

### WEEK 1

Monday 20th July – Friday 24th July

### WEEK 2

Monday 27th July – Friday 31st July

### WEEK 3

Monday 3rd Aug – Friday 7th Aug

### WEEK 4

Monday 10th Aug – Friday 14th Aug

### WEEK 5

Monday 17th Aug – Friday 21st Aug

### WEEK 6

Monday 24th Aug – Friday 28th Aug

## WHEN BOOKING

- Participants must send reply form before the start of the course applied for to guarantee place.
- Confirmation will not be given, so assume your application is successful unless you hear otherwise.
- Refunds will only be given if courses are cancelled.
- In the event of wet weather indoor games will be played at all venues.

## PRICES

Members - £9 per day - £40 any 5 days  
Non members - £10 per day - £45 any 5 days

## FAMILY DISCOUNT

Where there are 2 or more siblings attending the same venue please deduct £1 per day for the 2nd/3rd child where appropriate.

**TURN UP AND PAY ON THE DAY £12**  
(without booking - but subject to availability)

**COURSES WILL RUN FROM:**  
9.30am - 12.30pm or 1.30pm - 4.30pm  
**DEPENDING ON VENUE**

**PLEASE SEE BOOKING FORM**

Participants who are members of any MDL Coaching venue may take the members' price.

**FOR FURTHER INFORMATION  
PLEASE CALL MDL ON:  
020 8668 5250**

# OUR COURSES

## MINI TENNIS & FUN

### FOR CHILDREN NEW TO TENNIS

This course will consist of lots of fun, ball skills, coordination exercises, racket skills, tennis related team games and coaching. Participants have the option of attending this course for 2 hours if preferred at a reduced rate.

**(4yrs - 8yrs)**



## FUN TENNIS & TEAM GAMES

To suit children of all standards of play who wish to participate in tennis related team games and other FUN drills we have developed over the years which are all related to tennis in some way. Children will receive coaching tips throughout the week and will hit every shot possible and above all will have lots of FUN and make new friends. This course is ideal as it accommodates both regular tennis players and those that don't get a chance to play on a regular basis due to other commitments. Other sports will be played throughout the session which all relate back to tennis. **(7yrs - 14yrs)**



## TOURNAMENT & TEAM TENNIS

For children able to serve and rally from the baseline. This course will mainly consist of match play to include singles, doubles and tennis related team games. Players will have a chance to match themselves against others attending the course and may even meet someone they can play with regularly. Tactical, technical and mental advice will be given by the coach throughout the week)

**(8yrs - 16yrs)**

## CHILDREN'S TENNIS BIRTHDAY PARTIES

**See website for details**

## MDL FULL TIME COACHES

We all attend regular courses in order to keep up to date with what is new in the tennis world and to expand our own knowledge of the game in order to deliver an exciting coaching programme all year round to children and adults.

**All coaches are CRB checked.**



Mark Love



Amit Mohindra



John Thistlethwaite



Jamie Franklin



Andy Ross

- **Rackets provided for anyone arriving without one**
- **Players should bring a drink and a snack**
- **Courses are mostly held out-of-doors so participants' should wear clothes suitable to the weather conditions and be provided with adequate protection from the sun**
- **Participants' are responsible for their own belongings and MDL will not be responsible for any loss or damage.**

## IMPORTANT NOTICE

~ WITH REGARDS TO TOURNAMENT AND TEAM TENNIS ~

This course will only take place at Purley Bury LTC (10-16yrs) on Tuesdays & Thursdays ONLY.

Riddlesdown LTC for children under 10yrs on Wednesdays ONLY.

These courses run every day at Cheam Fields (10-16yrs).

All players must want to play matches and compete against other players of similar ability.

FOR MORE DETAILS SEE OUR WEBSITE: [www.mdlcoaching.net](http://www.mdlcoaching.net)

Club	Course	Time	Ages	Code	Member		Non Member		£	TOTAL
					Day	5 Days	Day	5 Days		
<b>Croydon/Purley Clubs</b>										
Sanderstead LTC	MINI TENNIS	9.30 - 12.30	4-8 YRS	SPMT	£9	£40	£10	£45	£.....	
	FUN TENNIS	9.30 - 12.30	7-14 YRS	SPFT	£9	£40	£10	£45	£.....	
Riddlesdown LTC	TOURNAMENT	9.30 - 12.30	8-10 YRS	RTT	£9	£40	£10	£45	£.....	
Purley Bury LTC	TOURNAMENT	9.30 - 12.30	10-16 YRS	PBTT	£9	£40	£10	£45	£.....	
	MINI TENNIS	1.30 - 4.30	4-8 YRS	PBMT	£9	£40	£10	£45	£.....	
	FUN TENNIS	1.30 - 4.30	7-14 YRS	PBFT	£9	£40	£10	£45	£.....	
South Croydon LTC	MINI TENNIS	1.30 - 4.30	4-8 YRS	SCMT	£9	£40	£10	£45	£.....	
	FUN TENNIS	1.30 - 4.30	7-14 YRS	SCFT	£9	£40	£10	£45	£.....	
Croydon Sports Club	MINI TENNIS	9.30 - 12.30	4-8 YRS	CSMT	£9	£40	£10	£45	£.....	
	FUN TENNIS	9.30 - 12.30	7-14 YRS	CSFT	£9	£40	£10	£45	£.....	
<b>Cheam Clubs</b>										
Cheam LTC	MINI TENNIS	1.30 - 4.30	4-8 YRS	CMT	£9	£40	£10	£45	£.....	
	FUN TENNIS	1.30 - 4.30	7-14 YRS	CFT	£9	£40	£10	£45	£.....	
The Downs LTC	MINI TENNIS	9.30 - 12.30	4-8 YRS	DMT	£9	£40	£10	£45	£.....	
	FUN TENNIS	9.30 - 12.30	7-14 YRS	DFT	£9	£40	£10	£45	£.....	
Cheam Fields LTC	FUN TENNIS	9.30 - 12.30	7-14 YRS	CFFT	£9	£40	£10	£45	£.....	
	TOURNAMENT	9.30 - 12.30	10-16 YRS	CFTT	£9	£40	£10	£45	£.....	
<b>New Malden Tennis, Squash &amp; Badminton Club</b>										
New Malden	MINI TENNIS	1.30 - 4.30	4-8 YRS	NMMT	£9	£40	£10	£45	£.....	
<b>NEW VENUE</b>	FUN TENNIS	1.30 - 4.30	7-14 YRS	NMFT	£9	£40	£10	£45	£.....	


**COURSE CODES**

MT - MINI TENNIS  
 FT - FUN TENNIS  
 TT - TOURNAMENT TENNIS

**VENUE CODES**

CF - CHEAM FIELDS  
 CS - CROYDON SPORTS  
 PB - PURLEY BURY  
 NM - NEW MALDEN  
 D - THE DOWNS LTC  
 SC - SOUTH CROYDON  
 SP - SANDERSTEAD  
 C - CHEAM LTC  
 RD - RIDDESDOWN LTC

(PLEASE COMPLETE IN BLOCK CAPITALS) PLEASE TICK IF YOU DO NOT WISH TO RECEIVE FURTHER PROMOTIONS

SURNAME: ..... EMAIL: .....

ADDRESS: .....

..... POST CODE: .....

TEL: ..... EMERGENCY TEL/MOBILE: .....

APPLICANT 1	DOB	SCHOOL	CODE	SummerWk 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/>	PLEASE TICK
				Day M T W T F	PLEASE CIRCLE
APPLICANT 2	DOB	SCHOOL	CODE	SummerWk 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/>	PLEASE TICK
				Day M T W T F	PLEASE CIRCLE
APPLICANT 3	DOB	SCHOOL	CODE	SummerWk 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/>	PLEASE TICK
				Day M T W T F	PLEASE CIRCLE

I enclose a cheque/cash for £ ..... made payable to **MDL COACHING**.

Please return to: **MDL COACHING**, Purley Bury Tennis Club, 53B Purley Bury Avenue, Purley CR8 1JF

NB: NOT INCLUDING BANK HOLIDAYS

PLEASE STATE ANY MEDICAL CONDITIONS: .....

Please detach and return this form to MDL Coaching - please retain cover part for your reference.